



Unleash Your Inner Superstar!

"Step out of your comfort zone and risk new levels of passion, performance and courage!"

- Lynn O'Dowd

A Transformational Program That Combines Music, Entertainment & An Awe-Inspiring Message

Perfect for **ELEVATING THE ENERGY** of any meeting or conference, and **SUPERCHARGING YOUR AUDIENCE** to step out of their comfort zone, and **RISK NEW LEVELS** of passion, performance, and courage!

- Step into your brilliance and don't fear being a little outrageous
- Take a chance on yourself by getting out of your comfort zone
- Overcome obstacles with newfound courage
- It's never too late to take risks in life
- Give permission to not be perfect, just show up and be present
- Model positive self talk
- Become more to produce more
- Recognize that happiness is an advantage at work that starts from the inside and leads to success in the workplace and at home
- Tap into your hidden gifts and heart's desires to realize your full potential
- Learn how asking for help will make you stronger, not weaker
- Be inspired to take immediate action towards your goals and dreams no matter how big or scary they may seem
- Recognize how following your bliss and facing your fears will open doors where there were none
- Access the inner game of success and belief in yourself as a Superstar
- Move from I can't to I can
- Overcome mental barriers, inner blocks, fears and rejections
- Start performing with confidence at the level of your desire - excelling, not just getting by
- Break free from being super stuck to super successful in business and life by unleashing your inner superstar
- Tap into the ingredient that is missing out of a spectacular life or having spectacular success in business

GoGaGa:

Through her own experience, Lynn O'Dowd has created a process for reaching your full, ageless potential by Getting Outrageous and Going GaGa!

GO: GET OUTRAGEOUS - Inside of you is your superstar just waiting to be unleashed! Outrageous goals reward you with Outrageous outcomes!

G: GIFTS - Inside of you are all the Gifts and talents you need to succeed. When you follow your bliss, you tap into your Gifts.

A: ACTION - Inside of you is all the courage you need to take Action. Try, don't deny yourself or anyone else of your gifts.

G: GUIDANCE - Inside of you is all the Guidance you need to lead you to greatness.

A: ATTITUDE - Inside of you is the most amazing person the world needs to meet. Have an optimistic Attitude. Believe you can and you will!



Book Lynn O'Dowd Today!

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INNER SUPERSTAR™





LYNN O'DOWD
KEYNOTE PERFORMER



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"Thanks so much for being the Keynote Speaker at our Team Day event. You were a breath of fresh air in a stale climate! (Thank you Covid!) We needed your enthusiasm, words of wisdom, advice, and passion. Our office had become stagnant, and you helped to "supercharge" us!!! As you know the audience was 50/50 – males to females. It was interesting to get their reactions – 100% had positive feedback! Everyone took away something good to use in their arsenal. Our office now seems more normal, energized, and eager to step out of their comfort zone and move forward. This is a win-win situation for all of us! Again, thank you for being the catalyst to bringing out the "Inner Superstars" of our company!!!"

– Rob Copenhavre, Vice President, Lankford Construction Company

"Lynn provided an energetic and engaging program for our attendees. Her unique combination of music, motivation, and crowd participation was just what we needed to energize our attendees as we concluded our conference! We had a line of attendees wanting pictures with her at the conclusion. Definitely a conference favorite."

Kim Bohannon, Chief Innovation Officer, Tennessee Credit Union League

"On behalf of the Nebraska Bankers Association and the attendees of the Women in Banking Conference, we'd like to thank you for your outstanding presentation and performance this past week. You were the perfect send off for this year's conference and the bankers seemed to enjoy the opportunity to get their photos taken with Lady Gaga! It was a pleasure for us to have you on one of our programs and we enjoyed the opportunity to work with you. Thank you and we look forward to working with you in the future!"

Ron Arrigo, Executive Vice President, Nebraska Bankers Association

"Teachers found your performance refreshing and unique and different than other motivational speakers that we have had before. Incorporating music was definitely a game changer. Your energy was contagious and uplifted everyone in the room."

- Jenna Armouti, Horizon Science Academy McKinley Park School

"Oh My GOODNESS! You are FABULOUS! I can't even begin to tell you how awesome you are! Between the inspirational stories, quotes, songs, humor, and message (and the BOOTS!) - I am blown away! AND the end . . . HOLY COW! Personally, as I'm consistently growing my business and my personal strengths . . . these two quotes hit me HARD today! "I thought asking for help meant you were weak "& "when you follow your BLISS, doors will open you didn't even know existed!"

- Lisa Crilley Mallis, Owner, Impactive Strategies

"What was exciting about it was to see how Lynn took the music, the singing, and the message and brought it together in such a way that it was easy to follow and was a very poignant message. It wasn't something to view lightly." - Joe Brinkeroff, Trainer, Business & Sales Coach, Sales Organization/Dale Carnegie

THEN I UNLEASHED MY INNER SUPERSTAR!

Get this — in a moment of madness — I answered an ad to be a singer in a Rock'n' Roll band after not singing for 35 years. When I did it, everyone wanted to hear HOW I did it, and wished they could live their dreams, too. I realized there are so many people who feel they could play a bigger game (get on a bigger stage), contribute more, and make a bigger difference in their business and life. They have these big dreams in their career or life, yet they often never get to fulfill any of them due to fear, lack of self-worth, or perhaps the negative voice playing in their head. So, I decided to do something about it. I created this unique, soul-energizing, transformational keynote just for them!



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